

BEFORE MICROBLADING

Before Treatment:

- **Client must be off Accutane or any prescribed acne medications for 1 year. No exceptions to this rule!**
- **Client must not use any brow hair growth products for one month prior and one month after procedure.**
- **Client must not take Aspirin, Fish Oil, Niacin, Vitamin E or Ibuprofen or any blood thinners for 72 hours prior to the procedure. Tylenol is fine.**
- **No alcohol or energizing drinks on the day before and the day of procedure in order to minimize bleeding during the procedure.**
- **No coffee on the day of the procedure**
- **Any brow tinting should be done 1 week prior to procedure and 30 days after.**
- **No sun tanning 30 days before or after the procedure.**
- **Eyebrow waxing or threading should be done 72 hours prior to the procedure and not less than 14 days after.**
- **Client must not have any chemical peels, micro dermabrasions, mesotherapy, or any other intense treatments 3-4 weeks before the procedure.**
- **It is a good idea for the client to wash her hair on the day of the procedure in order to limit the time spent in the shower the next day. It is a good idea to avoid steam for the next few days.**
- **Botox should be done 1 month prior to procedure (or better yet, after) so that the Botox has time to settle.**